

ABOUT THE AUTHOR

Dr. Chris Huffine is a licensed psychologist in Portland, Oregon. He has worked with abusive partners in the field of intimate partner violence for nearly thirty years, helping thousands of abusive partners and hundreds of abused partners learn how to change their lives for the better. In 2004, after twelve years at Men's Resource Center and Women's Counseling Center in Portland, he founded Allies in Change, a 501(c)(3) nonprofit organization. Allies in Change offers over two dozen weekly abuse-intervention groups that serve approximately 300 abusive men, women, and nonbinary people. Of particular note is the fact that a quarter of the group attendees at Allies in Change participate voluntarily. Dr. Huffine provides training to groups and individuals nationwide.