ALLIES IN CHANGE

NAME	TA	#C	J	BCh	A&D	CON	LC	SC	INT	EMO	NOTES

Over the Last Week

TA = Types of Abuse *(see the list and list each type of abuse by number)*
#C = Number of Controlling Behaviors
J = Number of journals to turn in tonight at group
BCh = Book Chapter
A&D = Have you used drugs or alcohol? *Yes or No*
CON = Have you had contact with your victim? *Yes or No*
LC = Life Changes *(See the List and give yourself 1 point for each change [0-7])*
SC = Self Care *(How well have you taken care of yourself [1 -10])*
INT = Intensity (What is your emotional intensity walking in tonight [1- 10])
EMOT = Emotions (Refer to the Emotions List)

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