



ALLIES  
IN  
CHANGE

## Training Agenda – Spring 2023

### Tuesday, April 18<sup>th</sup>

(8:30am to 4:00pm)

#### **Overview of Abusive Men – (6 CEUs)**

- An Overview of Domestic Violence
- Causes of Abuse
- Dynamics of Abusers

### Wednesday, April 19<sup>th</sup>

(8:30am to 5:00pm)

#### **Group Facilitation Skills w/ Abusive Men (7 CEUs)**

- Group structure
- Role induction
- Group themes
- Facilitation basics
- Confrontation techniques
- Process work
- Motivational interviewing
- Facilitator counter transference and self-care
- Working with challenging group members

### Thursday, April 20<sup>th</sup>

(8:30am to 5:00pm)

#### **The Allies Model of Abuse Intervention, Part 1 (7 CEUs)**

- Overview
- Working Against: Negative Behaviors and Beliefs
  - Disconnection
  - Disregard
  - Distrust
- Working With: Positive Behaviors and Beliefs, Part 1
  - Self-Awareness

### Friday, April 21<sup>st</sup>

(8:30am to 4:00pm)

#### **The Allies Model of Abuse Intervention, Part 2 (6 CEUs)**

- Working With: Positive Behaviors and Beliefs, Part 2
  - Self-Management
  - Regarding the Other
  - Trusting the Relationship

### **Just a sample of the key areas that will be covered during this comprehensive training!**

- ❖ An understanding of the fundamentals of group theory and practice
- ❖ Effective group facilitation skills and techniques
- ❖ A strong understanding of the Allies in Change conceptualization of what causes patterns of interpersonal abuse
- ❖ Familiarity with key pro-abuse beliefs as well as alternative pro-social beliefs
- ❖ Familiarity with core skills related to self-awareness, self-management, and interpersonal interaction

## Training Details

### BREAKS & LUNCH

Lunch break will be each day from 12:00pm to 1:00pm. There will be a 15-minute break each morning and afternoon.

### SUBSTITUTION & CANCELLATION POLICY

Substitutions may be made at any time. Requests for cancellations must be received in writing by fax, email, or mail ten (10) days prior to the training in order to receive a refund less a \$50 administrative charge per cancellation. If the cancellation is made within ten business days or less, refunds will not be granted for any reason. A credit will be issued that may be used towards a future training.

Amount enclosed: \$ \_\_\_\_\_

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Email: \_\_\_\_\_

## Pricing

**Early\***

**\$400**

**Regular**

**\$475**

\*Early registration due 14 days before the training.

Group discounts are available. Contact our office for details.

## Easy Registration and Payment!

To register, please mail in the attached form or call us at (503) 297-7979.

You may pay over the phone or on our website

[www.AlliesinChange.org](http://www.AlliesinChange.org)

### **Mail checks to:**

Allies in Change

1675 SW Marlow Ave., Suite 110

Portland, OR 97225

## Unable to Attend this Training?

The Allies in Change Curriculum is now available for purchase!

Please refer to the attached AIC Curriculum Purchase Order form, or please feel free to call us for assistance in ordering.

