



ALLIES  
IN  
CHANGE

# The Allies Curriculum: An Integrative Model

Featuring:  
**Dr. Chris Huffine**  
Licensed Psychologist

**October 18<sup>th</sup> – 21<sup>st</sup>, 2022**

> Qualifies for 26 CEUs <

Training via Zoom Video Conferencing



## Training Agenda

### **Tuesday, October 18<sup>th</sup>**

(8:30am to 4:00pm)

#### **Overview of Abusive Men – (6 CEUs)**

- An Overview of Domestic Violence
- Causes of Abuse
- Dynamics of Abusers

### **Wednesday, October 19<sup>th</sup>**

(8:30am to 5:00pm)

#### **Group Facilitation Skills w/ Abusive Men (7 CEUs)**

- Group structure
- Role induction
- Group themes
- Facilitation basics
- Confrontation techniques
- Process work
- Motivational interviewing
- Facilitator counter transference and self-care
- Working with challenging group members

### **Thursday, October 20<sup>th</sup>**

(8:30am to 5:00pm)

#### **The Allies Model of Abuse Intervention, Part 1 (7 CEUs)**

- Overview
- Working Against: Negative Behaviors and Beliefs
  - Disconnection
  - Disregard
  - Distrust
- Working With: Positive Behaviors and Beliefs, Part 1
  - Self-Awareness

### **Friday, October 21<sup>st</sup>**

(8:30am to 4:00pm)

#### **The Allies Model of Abuse Intervention, Part 2 (6 CEUs)**

- Working With: Positive Behaviors and Beliefs, Part 2
  - Self-Management
  - Regarding the Other
  - Trusting the Relationship

## Training Goals

- An understanding of the fundamentals of group theory and practice
- Effective group facilitation skills and techniques
- A strong understanding of the Allies in Change conceptualization of what causes patterns of interpersonal abuse
- Familiarity with key pro-abuse beliefs as well as alternative pro-social beliefs
- Familiarity with core skills related to self-awareness, self-management, and interpersonal interaction

*“ This was one of the best trainings I have ever been to - Thanks so much!”*

*“ Among the best, most comprehensive, and rationally presented training experiences ever. Much appreciated. Great job!”*

*“ This training must be a prerequisite to working not only with this particular target, but working with victims and all involved in provider service to families affected by domestic violence.”*

*“ I loved the training. I’m excited to get back to try out some of the things I learned. I’m coming away feeling more confident and competent. Thank yo*

## ABOUT ALLIES IN CHANGE

**Allies in Change** is a non-profit mental health agency and social activist organization with three locations in the Portland tri-county area.

We offer 28 weekly abuse intervention groups to help perpetrators of domestic violence recognize and address issues of power and control and cease continued abusive behavior. Some of our groups are specialized for men who are emotionally intense, abusive fathers, sexually abusive, criminally or psychopathically orientated, or voluntarily seeking help with abusive behaviors. We also offer groups for women dealing with anger and abuse perpetration.

Additionally, our staff volunteers time to participate in speaking engagements on issues relating to domestic violence in order to further community involvement and awareness. Beyond our domestic violence work, we offer individual and couples counseling to men and women with focus areas including depression, anxiety, managing emotions, and improving interpersonal relationships.

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## ABOUT THE PRESENTER



**Christopher Huffine, Psy.D.**, is a licensed psychologist who has worked in the domestic violence field for 28 years. In that time, he has worked with over a thousand abusive men, dozens of abused women, and a number of non-aggressive male victims of domestic violence. He founded Allies in Change Counseling Center in September of 2004. He presently co-facilitates three groups

a week for abusive men. He is a member of the advisory group to the state Attorney General to establish batterer intervention standards in the state of Oregon, as well as the Oregon Domestic Violence Fatality Review Team. He regularly speaks about domestic violence and abusive men.

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## ABOUT THE ALLIES IN CHANGE CURRICULUM

The Allies in Change curriculum for working with abusive men is integrative in two different senses of the word. First, it incorporates and builds upon evidence based and theoretically informed practices from a number of models including cognitive behavioral therapy, dialectical behavior therapy, motivational interviewing, the Duluth curriculum, risk/needs/responsivity, feminist theory, and the writings of John Gottman, Terrence Real, and Patricia Evans, among others. It incorporates these into a comprehensive, sophisticated and nuanced analysis of what causes and can help stop abusive behavior that provides a more individualized intervention to this work rather than a “one size fits all” approach. It does this by helping abusive men become more integrative--within themselves, with others, and within their closest relationships. It accomplishes this by identifying and changing underlying pro-abuse beliefs while also teaching additional self-awareness, self-management, and interpersonal skills. It is designed to work closely with others who may be involved with the abusive man including his partner, the courts, probation, child welfare, mental health professionals, and others who may be providing his victim support and services such as victim advocates and mental health providers. This curriculum has been evolving for over thirty years with constructive input from dozens of professionals who have used it with thousands of abusive men.

## Training Details

### BREAKS & LUNCH

Lunch break will be each day from 12:00pm to 1:00pm. There will be a 15 minute break each morning and afternoon.

### SUBSTITUTION & CANCELLATION POLICY

Substitutions may be made at any time. Requests for cancellations must be received in writing by fax, email, or mail ten (10) days prior to the training in order to receive a refund less a \$20 administrative charge per cancellation. If the cancellation is made within ten business days or less, refunds will not be granted for any reason. A credit will be issued that may be used towards a future training.

Amount enclosed: \$ \_\_\_\_\_

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Email: \_\_\_\_\_

## Pricing

**Early\***

**\$400**

**Regular**

**\$475**

\*Early registration due 14 days before the training.

Group discounts are available. Contact our office for details.

## Easy Registration!

*Call:* (503) 297-7979 To pay by credit card

*Mail:* Use form and make check payable to **Allies in Change**.

**Mail to:**

Allies in Change  
1675 SW Marlow Ave., Suite 110  
Portland, OR 97225

## Unable to Attend this Training?

**The Allies in Change Curriculum is now available for purchase!**

Order online at <https://www.alliesinchange.org/shop>

